



Schulich
School of Business
Executive Education Centre



Online
Virtual
Classroom

**Register for
an Upcoming
Session:**

Turbocharge your leadership effectiveness...

Maximizing Leadership Impact with Emotional Intelligence

Go from good to great with these techniques for masterful leadership.

What is the secret of the most effective leaders? They are distinguished by an added dimension: **their ability to connect with staff in ways that demonstrate authenticity, empathy, credibility, reliability, and confidence no matter what the situation.** This program gives participants the full spectrum of knowledge, tools and techniques needed to add this dimension to their leadership tool-kit.

Who will benefit from these techniques for masterful leadership? Featuring a combination of group discussion, hands-on individual and team exercises, self-reflection, guided feedback and action planning, **this leadership development program is perfect for managers, supervisors and directors** at any level who are interested in stepping up their leadership acumen for enhanced effectiveness.

Please see website for upcoming session dates.

Featuring the new, secure ZOOM video-conferencing platform. **You'll benefit from:**

- Multi-modal delivery of materials
- Engaging activities and interactive exchanges
- Breakout discussions with the instructors and your fellow participants

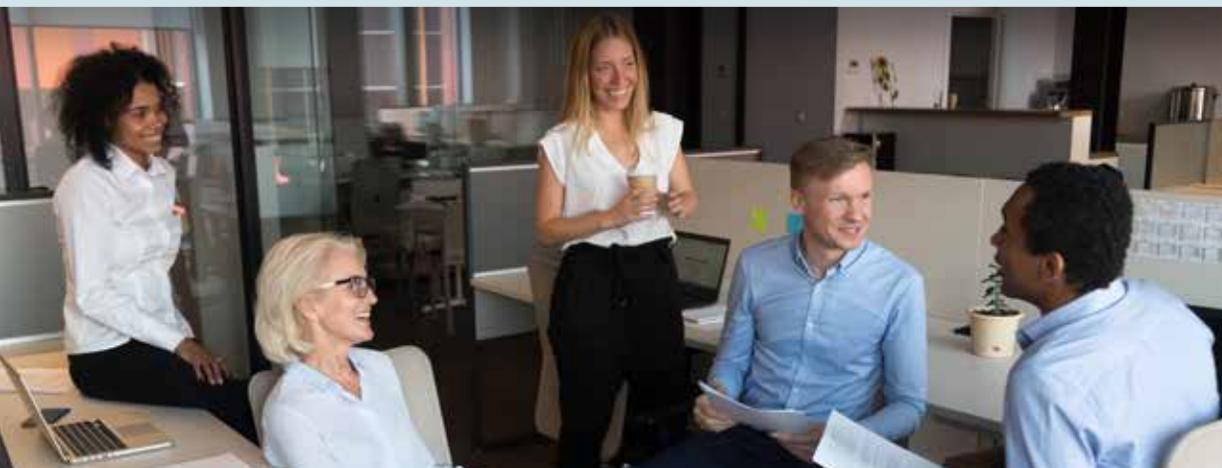
Our Participants Say it Best:

This course is one I believe all leaders should eventually take. It was as advertised. Very impactful, gave very specific feedback, and allowed us to take realistic action plans back into our organizations

Jeffrey Correa
Regional Service Manager,
GN Johnston Equipment

Amazing views into building resilience within yourself @ in your team. Will definitely utilize these tools in my current @ future roles.

Irene Neves
Account Director,
Sun Life



Register Today / Complete Details

<https://seec.online/13195>



Schulich
School of Business
Executive Education Centre



Maximize your leadership effectiveness and management influence using advanced EQ techniques.

Emotional Intelligence refers to a set of emotional and social skills and competencies that influence the way we perceive and express ourselves, develop and maintain social relationships, cope with challenges, and use the information in emotions in effective and meaningful ways. This program explores how you can **leverage 15 EQ competencies and apply current EQ tools and techniques to enhance performance and productivity in your organization.** You will learn how to increase your leadership capacity and overall performance by benchmarking, leveraging and setting plans for intentionally developing your EQ.

Create a customized development plan for leadership growth.

Top Take-Aways

1. Complete the five stages towards assessment, strategic engagement and **targeted development of your own EQ** to more effectively address your workplace challenges
2. Define the **critical role of your EQ** in today's increasingly complex and changing working relationships
3. Assess why emotional competencies are "**essential capabilities**" for anyone who manages or leads
4. Conduct a self-assessment to pinpoint your EQ management strengths and growth edges, then create a **customized development plan**
5. Learn how to engage EQ skill and competency practices to achieve **dramatic improvements** in employee attitude and performance levels

Why Attend?

"EQ significantly impacts the bottom line. Our research study found that 48% of the skill set that contributes to outstanding leadership and management performance is comprised of EQ skills and competencies."

– MHS Study

Participants in this emotional intelligence training course will master the five skill stages to develop their own EQ and the emotional competencies of their staff:

- Setting the stage – understanding EQ
- Self-awareness and self-management competencies
- Putting the power of EQ into coaching, collaboration and positive influence
- Strategic leadership – applying EQ to address your workplace challenges
- Moving forward – setting clear action plans for ongoing EQ engagement

Overview of Learning

Setting the Stage: Understanding EQ in Yourself and Workplace

- Defining the 15 key EQ capabilities of outstanding leaders
- Conducting a scientifically-based emotional intelligence self assessment
- Understanding how you sabotage your own best efforts at personal change
- Conducting your EQ self-assessment to identify strengths and development areas

Self-Awareness and Self-Management Competencies

- Developing advanced awareness of your EQ strengths and growth edges
- Evaluating specific applications of EQ to success in your career – and where to best focus your energy
- Engaging leadership and management

Putting the Power of EQ into Coaching, Collaboration and Positive Influence

- Developing a non-anxious leadership presence
- Addressing toxic behaviours in the workplace
- Strategically managing the moods of groups and teams
- Integrating the 15 key EQ skills and competencies into your existing performance assessment framework

Strategic Leadership – Applying EQ to Address Your Workplace Challenges

- Critical thinking skills
- Influencing even when you do not have authority
- Supporting the effectiveness and success of your change initiatives
- Responding to the intense emotions that accompany transition and change

Get the whole picture.

Preview complete course content and instructor bio online.

Register Today / Complete Details

<https://seec.online/13195>

More Questions? Get in Touch!

Tel.: 416.736.5079 | 1.800.667.9380
or email excedinfo@schulich.yorku.ca

Upcoming Dates:

Please see website.

Registration Fee:

\$2,450 + applicable taxes

Complete registration details:

seec.online/FAQ

Technical Requirements:

seec.online/techreq